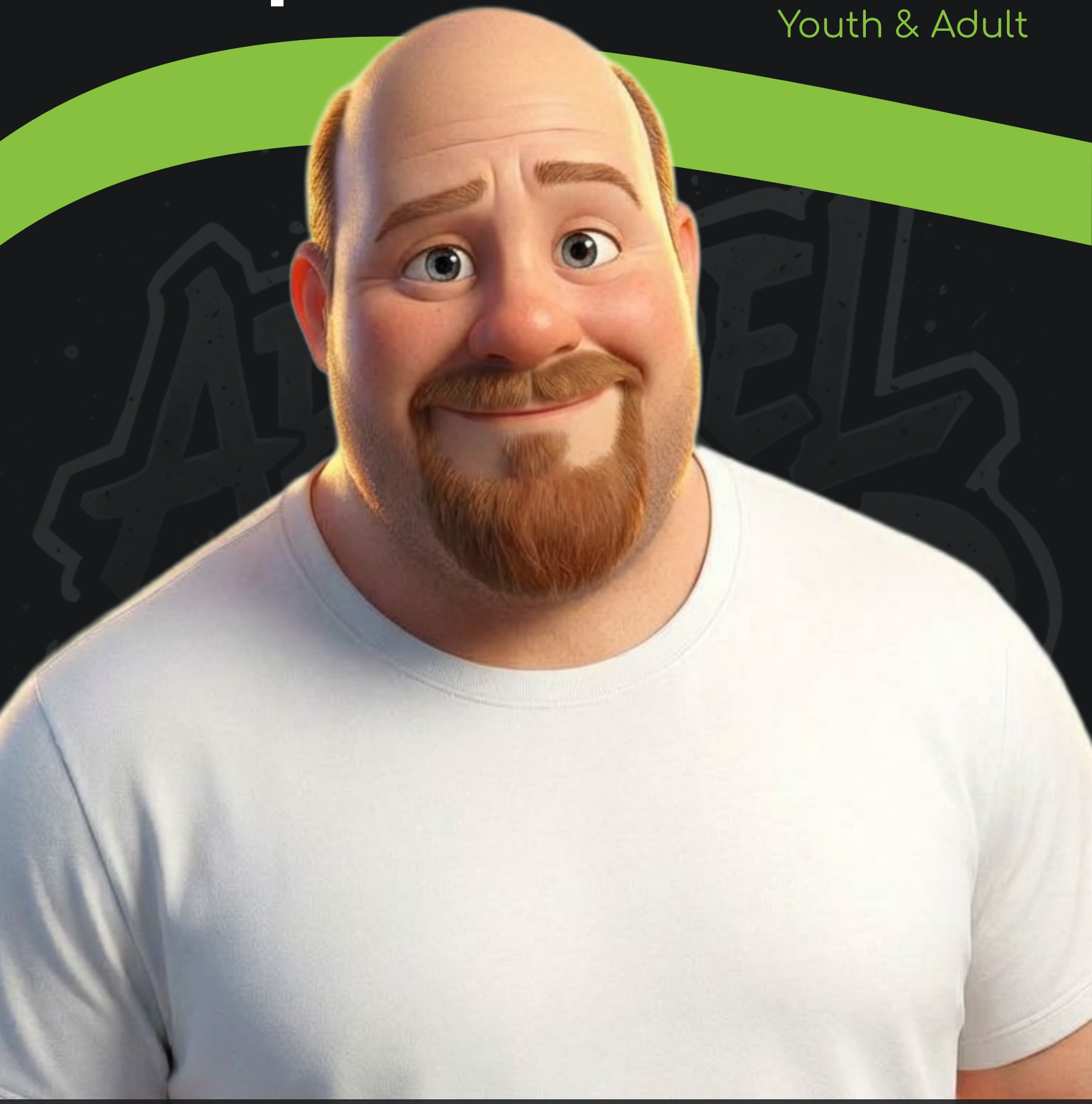
Companion Collection

Youth & Adult



iHelp·GURU

apparel guide 2026

This Is Just A Glimpse Of What We Have To Offer

PORT & COMPANY®

COMFORT COLORS®

DISTRICT®

GILDAN®

JERZEES®

BELLA+CANVAS®

GURU APPROVED FOR DIGITAL APPAREL PRINTING

Everyday • Work • Casual • Premium

Tees

Port & Company: Core Cotton 4
PC54 Series | 100% Cotton

Gildan: Heavy Cotton 5
5000 Series | 100% US Cotton

Gildan: SoftStyle 6
64000 Series | 100% Ring Spun Cotton

Bella + Canvas: Jersey 7
3001 Series | 100% Airlume Combed Ring Spun Cotton

Hoodies

Port & Company: Core Fleece 8
PC78H Series | 50/50 Cotton Blend

Gildan: Heavy Blend 9
18500 Series | 50/50 Cotton Blend

Gildan: SoftStyle Fleece 10
SF500 Series | 80/20 Ring Spun Blend

Comfort Colors: Lightweight Fleece 11
1467 Series | 100% Ring Spun Cotton

Full-Zip Hoodies

Port & Company: Core Fleece 12
PC78ZH Series | 50/50 Cotton Blend

Gildan: Heavy Blend 13
18600 Series | 50/50 Cotton Blend

Jerzees: NuBlend 14
993 Series | 50/50 Cotton NuBlend

District: V.I.T. 15
DT6102 Series | 65/35 Ring Spun Blend

PORT & COMPANY®

PC54 Series • Core Cotton

Companions: Tall • Toddler • Long Sleeve

- 100% Cotton
- 5.4 oz, 20 Singles
- Classic Fit
- Seamless Body
- Classic Width Collar
- Tear Away Label

Adult: PC54

75 Colors

	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
BODY WIDTH	18	20	22	24	26	28	30	31	33
BODY LENGTH	28	29	30	31	32	33	34	34.5	35
SLEEVE LENGTH	16.75	17.75	18.75	19.75	20.75	21.75	22.75	22.75	22.75

Youth: PC54Y

40 Colors*

	XS	S	M	L	XL
BODY WIDTH	14	16	17	18	19
BODY LENGTH	19	21	23	25	27
SLEEVE LENGTH	11.75	13.75	14.75	15.75	16.75
SIZE	2-4	6-8	10-12	14-16	18-20

Everyday Wear

Budget-Friendly with Reliable Quality

Call | Text | Email

Aquatic Blue* | Ash* | Athletic Hthr* | Athl Kelly | Athl Maroon*
Black Hthr | Bright Aqua* | Candy Pink* | Cardinal* | Carolina Blue
Charcoal* | Clover Green* | Coal Grey | Coral | Coyote Brown
Creme | Dark Chocolate | Dark Green* | Dark Hthr Grey* | Flush Pink
Gold* | Graphite Hthr* | Hthr Athl Maroon | Hthr Drk Chocolate | Hthr Navy*
Hthr Purple* | Hthr Red* | Hthr Royal* | Hthr Sangria | Hthr Dusty Peach
Jadeite | Jet Black* | Kelly* | Laurel Green | Lavender
Lemon Yellow | Light Blue* | Lime* | Medium Grey | Natural*
Navy* | Neon Blue* | Neon Green* | Neon Orange* | Neon Pink*
Neon Yellow* | Neptune Blue | Oatmeal Hthr | Olive | Olive Drab
Olive Drab Hthr | Orange* | Pale Blush | Purple* | Red*
Royal* | Safety Green | Safety Orange | Sand* | Sangria*
Sapphire* | Silver | Steel Blue* | Stonewash Blue | Teal
Team Purple* | Tenn. Orange | True Celadon | True Navy | True Royal*
Tundra Blue | White* | Woodland Brown | Yellow* | Zinnia

Onscreen Color Can Vary From Actual Material

GILDAN®

5000 Series • Heavy Cotton

Companions: Toddler • Long Sleeve

- 100% US Cotton
- 5.3 oz, 20 Singles
- Classic Fit, Seamless Body
- Classic Width, Rib Collar
- Taped Neck and Shoulders
- Tear Away Label

Adult: 5000

75 Colors

	S	M	L	XL	2XL	3XL	4XL	5XL
BODY WIDTH	18	20	22	24	26	28	30	32
BODY LENGTH	28	29	30	31	32	33	34	35
SLEEVE LENGTH	15.25	16.5	18	19.5	21	22.25	23.5	25

Youth: 5000B

54 Colors*

	XS	S	M	L	XL
BODY WIDTH	16	17	18	19	20
BODY LENGTH	20.5	22	23.5	25	26.5
SLEEVE LENGTH	13.25	14.25	15.25	16.25	17.25
SIZE	6-8	10-12	14-16	18-20	22-24

Work Wear

Tough, Durable, and Built to Take Abuse

Call | Text | Email

Ant Cherry Red, Ant Irish, Ant Jade Dome, Ant Orange, Ant Sapphire
Aquatic*, Ash Grey*, Azalea*, Berry, Black*
Blackberry, Blue Dusk*, Brown Savana, Cardinal Red*, Carolina Blue*
Charcoal*, Cobalt*, Coral Silk*, Cornsilk, Daisy*
Dark Chocolate*, Dark Heather*, Dusty Rose*, Electric Green*, Forest Green*
Garnet*, Gold*, Graphite Hthr*, Gravel, Hthr Navy*
Hthr Red*, Hthr Sapphire*, Heliconia*, Hthr Military, Hthr Radnt Orchid
Ice Grey, Indigo Blue*, Irish Green*, Kiwi*, Light Blue*
Light Pink*, Lilac*, Lime*, Maroon*, Midnight
Military Green*, Mint Green*, Natural*, Navy*, Neon Blue*
Neon Green*, Off White*, Old Gold, Orange*, Purple*
Red*, Royal*, Russet, Safety Green*, Safety Orange*
Safety Pink*, Sand*, Sapphire*, Sky*, Sport Grey*
Sunset, Tangerine, Tenn. Orange*, Texas Orange*, Tropical Blue*
Turf Green, Tweed, Violet*, White*, Yellow Haze*

Safety Green is ANSI-ISEA 107 High-Visibility Compliant

Onscreen Color Can Vary From Actual Material

GILDAN®

64000 Series • SoftStyle

Companion: Long Sleeve

- 100% Ring Spun Cotton
- 4.5 oz, 30 Singles
- Modern Classic Fit, Seamless
- Narrow Width Rib Collar
- Taped Neck and Shoulders
- Tear Away Label

Adult: 64000

65 Colors

	XS	S	M	L	XL	2XL	3XL	4XL	5XL
BODY WIDTH	16	18	20	22	24	26	28	30	32
BODY LENGTH	27	28	29	30	31	32	33	34	35
SLEEVE LENGTH	15.5	16.5	17.75	19	20.25	21.5	22.5	23.75	25

Youth: 64000B

22 Colors*

	XS	S	M	L	XL
BODY WIDTH	14	16	17	18	19
BODY LENGTH	18	20.5	22	23.5	25
SLEEVE LENGTH	11.5	13.5	14.5	15.5	16.5
SIZE	4-5	6-8	10-12	14-16	18-20

Ant Cherry Red, Ant Heliconia, Ant Sapphire, Azalea, Black*
Cardinal Red, Carolina Blue, Charcoal*, Cherry Red, Coral Silk
Cornsilk, Daisy*, Dark Chocolate, Dark Heather*, Forest Green
Gold, Graphite Hthr*, Hthr Berry, Hthr Cardinal, Hthr Dark Grey
Hthr Galapagos, Hthr Heliconia, Hthr Indigo, Hthr Irish Green*, Hthr Maroon
Hthr Military, Hthr Navy*, Hthr Orange, Hthr Purple, Hthr Radnt Orchid
Hthr Red*, Hthr Royal*, Hthr Sapphire, Heliconia, Ice Grey
Indigo Blue, Iris, Irish Green*, Jade Dome, Kelly Green
Kiwi, Light Blue*, Light Pink*, Lime, Maroon*
Metro Blue, Military Green*, Mint Green, Natural, Navy*
Off White, Orange*, Paragon, Pistachio, Purple*
Red*, Royal*, Sage, Sand, Sapphire*
Sky, Sport Grey*, Stone Blue, Tropical Blue, White*

Casual Wear

The Go-To for Softness and Fit

Call | Text | Email

Onscreen Color Can Vary From Actual Material

BELLA+CANVAS

3001 Series • Jersey

Companions: Toddler • Long Sleeve

- 100% Airlume Combed Ring Spun Cotton
- 4.2 oz, 32 Singles
- Retail Fit, Side Seams
- Shoulder Taping
- Tear Away Label

Adult: 3001

96 Colors

	XS	S	M	L	XL	2XL	3XL	4XL	5XL
BODY WIDTH	16.5	18	20	22	24	26	28	30	32
BODY LENGTH	27	28	29	30	31	32	33	34	35

Youth: 3001Y

39 Colors*

	S	M	L	XL
BODY WIDTH	15.25	16.25	17.25	18.25
BODY LENGTH	21	22	23.25	24.25
SIZE	6-8	10-12	14-16	18-20

Premium Wear

Super Soft Feel with a Retail Look

Call | Text | Email

Aqua, Army, Ash*, Asphalt*, Atlantic
Autumn, Baby Blue, Berry*, Black*, Blue Storm*
Brown, Burnt Orange, Canvas Red, Cardinal*, Carolina Blue
Charity Pink, Chestnut, Clay, Cocoa, Columbia Blue*
Cool Blue, Coral, Dark Grey*, Dark Lavender*, Dark Olive
Deep Teal, Dusty Blue*, Electric Blue, Forest*, Fuchsia
Gold*, Kelly*, Lavender Blue*, Leaf, Light Blue
Light Violet*, Lilac, Marine, Maroon*, Mauve*
Military Green*, Mint*, Mustard*, Natural*, Navy*
Ocean Blue, Orange, Peach*, Pebble Brown, Pink*
Pink Gravel, Red*, Royal Purple*, Rust, Sage
Silver*, Slate, Soft Cream*, Soft Pink, Solid Athl Grey*
Steel Blue*, Storm*, Strobe, Synthetic Green, Tan*
Teal*, Team Navy, Team Purple*, Toast*, True Royal*
Turquoise, Vintage Black*, Vintage White*, White*, Yellow

*Not All Colors Are Represented In Swatches

Onscreen Color Can Vary From Actual Material

PORT & COMPANY®

PC78H Series • Core Fleece

Companions: Toddler • Sweatpants • Joggers

- 50/50 Cotton Blend
- 7.8 oz Fleece
- Classic Fit
- Seamless Body
- Tear Away Label
- Two-ply Hood
- Matching Drawcord
- Kangaroo Pocket

Adult: PC78H

69 Colors

	S	M	L	XL	2XL	3XL	4XL
BODY WIDTH	20	22	24	26	28	30	32
BODY LENGTH	28	29	30	31	32	33	34
SLEEVE LENGTH	34	35	36	37	37.5	38	38.5

Youth: PC78YH

31 Colors*

	XS	S	M	L	XL
BODY WIDTH	14	16	17	18	20
BODY LENGTH	18	20.5	23	25	26.5
SLEEVE LENGTH	21.5	24.5	27.5	30.25	30.5
SIZE	4-5	6-8	10-12	14-16	18-20

Aquatic Blue
Ash *
Athletic Hthr *
Black Hthr
Bright Aqua
Candy Pink
Cardinal
Carolina Blue *
Charcoal *
Clover Green
Coal Grey
Coyote Brown *
Creme
Dark Chocolate *
Dark Green *
Dark Hthr Grey *
Flush Pink
Gold *
Graphite Hthr *
Hthr Athl Maroon
Hthr Drk Chocolate
Hthr Navy *
Hthr Purple
Hthr Red
Hthr Royal
Hthr Sangria
Jet Black *
Kelly *
Laurel Green
Lavender
Light Blue
Lime *
Maroon *
Medium Grey
Natural
Navy *
Neon Blue *
Neon Green *
Neon Orange
Neon Pink *
Neon Yellow *
Neptune Blue
Oatmeal Hthr
Olive
Olive Drab *
Olive Drab Hthr
Orange *
Pale Blush
Purple *
Red *
Royal *
Safety Green
Safety Orange
Sand
Sangria *
Sapphire *
Silver
Steel Blue
Stonewash Blue
Teal
Team Purple *
Tenn. Orange
True Celadon
True Navy
True Royal *
Tundra Blue
White *
Woodland Brown *
Yellow

Everyday Wear

Budget-Friendly with Reliable Quality

Call | Text | Email

Onscreen Color Can Vary From Actual Material

GILDAN®

18500 Series • Heavy Blend

Companion: Sweatpants

- 50/50 US Cotton Blend
- 8.0 oz, 20 Singles
- Classic Fit
- Seamless Body
- Tear Away Label
- Double-lined Hood
- Matching Drawcord
- Kangaroo Pocket

Adult: 18500

43 Colors

	S	M	L	XL	2XL	3XL	4XL	5XL
BODY WIDTH	20	22	24	26	28	30	32	34
BODY LENGTH	27	28	29	30	31	32	33	34
SLEEVE LENGTH	33.5	34.5	35.5	36.5	37.5	38.5	39.5	40.5

Youth: 18500B

19 Colors

	XS	S	M	L	XL
BODY WIDTH	16	17	18	19	20
BODY LENGTH	19.75	21.25	22.5	24	25.5
SLEEVE LENGTH	23.5	26.5	27.75	30.25	33
SIZE	6-8	10-12	14-16	18-20	22-24

Work Wear

Tough, Durable, and Built to Take Abuse

Call | Text | Email

Ant Cherry Red, Ant Sapphire, Ash Grey, Azalea, Black
Cardinal Red, Carolina Blue, Charcoal, Cherry Red, Dark Chocolate
Dark Heather, Forest Green, Garnet, Gold, Graphite Hthr
Heliconia, Hthr Dark Green, Hthr Dark Maroon, Hthr Dark Navy, Hthr Scarlet Red
Hthr Dp Royal, Indigo Blue, Irish Green, Light Blue, Light Pink
Maroon, Military Green, Mint Green, Navy, Old Gold
Orange, Orchid, Purple, Red, Royal
Safety Green, Safety Orange, Safety Pink, Sand, Sapphire
Sport Grey, Violet, White

Youth Colors

Black, Cardinal Red, Carolina Blue, Charcoal, Dark Heather
Forest Green, Gold, Graphite Hthr, Heliconia, Irish Green
Light Pink, Maroon, Navy, Orange, Purple
Red, Royal, Sport Grey, White, Yellow Haze

Onscreen Color Can Vary From Actual Material

GILDAN®

SF500 Series • SoftStyle Fleece

Adult Companion: Sweatpants

- 80/20 Ring Spun Blend
- 8.4 oz, 20 Singles
- Classic Fit, Seamless Body
- Tear Away Label
- 2-piece Jersey-lined Hood
- Matching Drawcord
- Waist w/ Spandex
- Kangaroo Pocket

Adult: SF500 — **37 Colors**

	S	M	L	XL	2XL	3XL	4XL	5XL
BODY WIDTH	20	22	24	26	28	30	32	34
BODY LENGTH	28	29	30	31	32	33	34	35
SLEEVE LENGTH	34	35	36	37	38	39	40	41

Youth: SF500B — **15 Colors**

	XS	S	M	L	XL
BODY WIDTH	16	17	18	19	20
BODY LENGTH	20.25	21.75	23	24.5	26
SLEEVE LENGTH	23.5	26.5	27.75	30.25	33
SIZE	6-8	10-12	14-16	18-20	22-24

Aquatic, Ash Grey, Black, Blue Dusk, Brown Savana
Cardinal Red, Carolina Blue, Cement, Charcoal, Cobalt
Cocoa, Daisy, Dark Heather, Dusty Rose, Forest Green
Light Pink, Maroon, Military Green, Mustard, Navy
Off White, Paragon, Pink Lemonade, Pistachio, Purple
Red, Royal, Sage, Sand, Sky
Smoke, Sport Grey, Stone Blue, Tangerine, Texas Orange
White, Yellow Haze

Youth Colors

Black, Daisy, Dark Heather, Forest Green, Light Pink
Maroon, Military Green, Navy, Pink Lemonade, Red
Royal, Sand, Sport Grey, Stone Blue, White

Casual Wear

The Go-To for Softness and Fit

Call | Text | Email

Onscreen Color Can Vary From Actual Material

COMFORT COLORS®

1467 Series • Lightweight Fleece

Adult Companions: Sweatpants • Shorts

Black | Blue Jean | Butter | Grey | Hydrangea

Ivory | Neon Violet | Peachy | Pepper | White

Youth Colors

Black | Blue Jean | Chalky Mint | Crimson | Grey

Ivory | Neon Violet | Peachy

- 100% Ring Spun Cotton
- 6.4 oz, 31 Singles
- Relaxed Fit
- Seamless Body
- Waist with Spandex
- Rolled Forward Shoulders
- Jersey-lined Hood
- Natural Flatcord

Adult Hoodie: 1467

10 Colors

	S	M	L	XL	2XL	3XL
BODY WIDTH	20	22	24	26	28	30
BODY LENGTH	27	28	29	30	31	32
SLEEVE LENGTH	33.5	34.5	35.5	36.5	37.5	38.5

Youth Hoodie: 1467Y

8 Colors

	XS	S	M	L	XL
BODY WIDTH	14	15.5	17.5	18.5	20
BODY LENGTH	17.5	20	21	23	25
SLEEVE LENGTH	21.25	23.25	26	29.25	32.5
SIZE	4-5	6-8	10-12	14-16	18-20

Premium Wear

Super Soft Feel with a Retail Look

Call | Text | Email

Onscreen Color Can Vary From Actual Material

PORT & COMPANY®

PC78ZH Series • Core Fleece

Companions: Toddler • Sweatpants • Joggers

- 50/50 Cotton Blend
- 7.8 oz Fleece
- Classic Fit, Seamless Body
- Tear Away Label
- Two-ply Hood
- Matching Drawcord
- Front Pockets
- YKK Metal Zipper

Adult: PC78ZH — 32 Colors

	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
BODY WIDTH	20	22	24	26	28	30	32	33	35
BODY LENGTH	28	29	30	31	32	33	34	34	34.5
SLEEVE LENGTH	34	35	36	37	37.5	38	38.5	39	39

Youth: PC78YZH — 17 Colors

	XS	S	M	L	XL
BODY WIDTH	14	16	17	18	20
BODY LENGTH	17	18.5	22	24	25.5
SLEEVE LENGTH	21.5	24.5	27.5	30	30.5
SIZE	4-5	6-8	10-12	14-16	18-20

Ash, Athletic Hthr, Black Hthr, Carolina Blue, Charcoal
Coyote Brown, Dark Chocolate, Dark Green, Dark Hthr Grey, Graphite Hthr
Hthr Navy, Hthr Red, Hthr Royal, Jet Black, Kelly
Lime, Maroon, Navy, Neon Blue, Neon Green
Neon Orange, Neon Pink, Neon Yellow, Olive Drab, Orange
Purple, Red, Royal, Sangria, Steel Blue
True Royal, White

Youth Colors

Ash, Athletic Hthr, Carolina Blue, Charcoal, Dark Green
Dark Hthr Grey, Jet Black, Kelly, Maroon, Navy
Neon Blue, Neon Pink, Purple, Red, Royal
Sangria, White

Everyday Wear

Budget-Friendly with Reliable Quality

Call | Text | Email

Onscreen Color Can Vary From Actual Material

GILDAN®

18600 Series • Heavy Blend

Companion: Sweatpants

Ash Grey | Black | Cardinal Red | Carolina Blue | Dark Chocolate

Dark Heather | Forest Green | Graphite Hthr | Irish Green | Maroon

Navy | Purple | Red | Royal | Safety Green

Safety Orange | Sport Grey | White

Youth Colors

Black | Navy | Red | Royal | Sport Grey

- 50/50 US Cotton Blend
- 8.0 oz, 20 Singles
- Classic Fit, Seamless Body
- Tear Away Label
- Unlined Hood
- Matching Drawcord
- Waist w/ Spandex
- Front Pockets

Adult: 18600

18 Colors

	S	M	L	XL	2XL	3XL	4XL	5XL
BODY WIDTH	19.25	21.25	23.25	25.25	27.25	29.25	31.25	33.25
BODY LENGTH	27	28	29	30	31	32	33	34
SLEEVE LENGTH	33.5	34.5	35.5	36.5	37.5	38.5	39.5	40.5

Youth: 18600B

5 Colors

	XS	S	M	L	XL
BODY WIDTH	15.25	16.25	17.25	18.25	19.25
BODY LENGTH	20.25	21.75	23	24.5	26
SLEEVE LENGTH	23.5	26.5	27.75	30.25	33
SIZE	6-8	10-12	14-16	18-20	22-24

Work Wear

Tough, Durable, and Built to Take Abuse

Call | Text | Email

Onscreen Color Can Vary From Actual Material

JERZEES®

993 Series • NuBlend

Companions: Sweatpants • Joggers

Ash | Athletic Hthr | Black | Black Hthr | Forest Green

J. Navy | Maroon | Oxford | Royal | Safety Green

Safety Orange | True Red | White

Youth

Black | Forest Green | J. Navy | Oxford | Royal

- 50/50 Cotton NuBlend
- 8.0 oz Fleece
- Classic Fit, Seamless Body
- Tear Away Label
- Single-ply Hood
- Matching Drawcord
- 1x1 Ribbed Cuffs and Waist
- Aluminum Zipper

Adult: 993M

13 Colors

	S	M	L	XL	2XL	3XL
BODY WIDTH	20	22	24	26	28	30
BODY LENGTH	27	28	29	30	31	32
SLEEVE LENGTH	34.5	35.5	36.5	37.5	38.5	39

Youth: 993B

5 Colors

	S	M	L	XL
BODY WIDTH	15	17	19	20
BODY LENGTH	19.5	22.5	25.5	27.5
SLEEVE LENGTH	25	28	31	34
SIZE	6-8	10-12	14-16	18-20

Casual Wear

The Go-To for Softness and Fit

Call | Text | Email

Onscreen Color Can Vary From Actual Material

DISTRICT®

DT6102 Series • V.I.T Fleece

Companion: Sweatpants

Black | Charcoal | Classic Red | Deep Royal | Forest Green

Hthr Charcoal | Hthr Navy | Hthr Olive | Ice Blue | Light Hthr Grey

New Navy | Oatmeal Hthr | Plum | Royal Frost | White

Youth Colors

Black | Classic Red | Deep Royal | Forest Green | Hthr Charcoal

Light Hthr Grey | New Navy | Royal Frost

- 65/35 Ring Spun Blend
- 8.3 oz, 34 Singles
- Classic Fit w/ Side Seams
- Tear Away Label
- 2-piece Jersey-lined Hood
- Matching Drawcord
- 1x1 Ribbed Cuffs and Hem
- YKK Aluminum Zipper

Adult: DT6102

15 Colors

	XS	S	M	L	XL	2XL	3XL	4XL
BODY WIDTH	18	19	20	21.5	23.5	24.5	27.5	29.5
BODY LENGTH	27	28	29	30	31	32	32.5	33
SLEEVE LENGTH	33.75	34.5	35.25	36	36.75	37.5	38.25	39

Youth: DT6102Y

8 Colors

	XS	S	M	L	XL
BODY WIDTH	13.5	15	16.5	17.5	19.5
BODY LENGTH	19.5	21.5	23.5	25.5	27
SLEEVE LENGTH	23.5	26	28.5	30.5	32.5
SIZE	2-4	6-8	10-12	14-16	18-20

Premium Wear

Super Soft Feel with a Retail Look

Call | Text | Email

Onscreen Color Can Vary From Actual Material

Unleash Your Order

The Hard Part

Choose your styles, sizes, and colors. Combine Adult and Youth sizes of the same design to hit price breaks easily. We already did the heavy lifting by curating the lineup.

The Confusing Part

Send us your artwork. We really like vector files (.AI, .EPS, .PDF) or high-res transparent PNGs. Sounds really technical. If your head is spinning, we can help.

The Exciting Part

We finalize the design placement, and print your order with digital precision. Oh... and we try to be quick about it.

The Best Part

Really!?!... do we need to state the obvious!
Unboxing your stunning ditally printed apparel.

Call Text Email

iHelp.guru Is The Shirt Without The 'r'... At Least We Like To Think So!

iHelp·GURU

Unleashing Technology

The Cane Corso, Our Spirit Animal

TECH SERVICES • APPAREL PRINTING • GRAPHIC DESIGN

iHelp·GURU